Bratenahl Community Foundation’s Valentine’s Day Party

Dominic Cellitti

Last month, as the village enjoyed a break in the weather, approximately 45 village residents attended the second annual Bratenahl Community Foundation Valentine’s Day Party. The event was held Sunday, February 13th from 5 to 7 pm at the Penthouse in Bratenahl Place II. It was wonderful to see some old friends and also see some new faces. Thanks to some kind donations from board members, and a few shopping trips, we had plenty of food and beverages. The menu included chicken satay, mini barbecue beef sliders, mushroom caps, shrimp, sushi, cheeses and many other appetizers. In addition to such wonderful finger foods there were many desserts available. Guests enjoyed a selection of wine, champagne and other beverages. The candy and desserts were apparently also a hit, as they were nearly gone by the close of the party. Having an entertaining piano player as background music set a romantic tone. Guests witnessed one of the best sunsets I have seen for a while from our penthouse perch. I do hope even more residents will join us next year for our 3rd annual party.

Bratenahl Community Foundation President’s Letter

Dominic Cellitti

Salute

We hope our kind residents of Bratenahl will come out on June 12th to Shoreby Club in order to support Salute our Police Force. Tickets to this event will start at $75 with sponsorship levels up to $1000. Let’s all unite as a village to make this event a great success. Additional details can be found on page 15 or by contacting Cindy Trotter who is the event chair.

Visit BCF Online

BCF now has an interactive website to which articles can be posted. Anyone reading articles can leave a comment sharing their ideas about posted articles. Please visit us online at http://bratcomfdn.wordpress.com to discover more about what BCF is providing to the community via our online website.

New Look for 2011

This issue of the Lamplighter is the second for our “new look”. We listened to what our readers wanted and have attempted to produce beneficial changes. Starting with the next issue you will find Lamplighter articles that have additional information and pictures that will be available via our online BLOG

Valentine’s Day

Our second annual Valentine’s Day party was a huge success. About 45 village residents celebrated with the officers of the Bratenahl Community Foundation on Sunday, February 13th at the Penthouse of Bratenahl Place. Fun people plus great food and entertainment equaled success. Hopefully more of you can join the fun next year.

We Miss You Mary

As a result of Lee Blazey becoming a village official and, according to the BCF bylaws, Mary Blazey is no longer part of our board. It has been wonderful working with Mary over the last few years. We have appreciated her kind generosity and support not only to the Bratenahl Community Foundation but also to the village of Bratenahl.

How Can You Help

You can assist the Bratenahl Community Foundation by either volunteering to assist us with our various projects as a “Friend of the Foundation”, and/or donating tax deductible funds.

Mail to:  Bratenahl Community Foundation, Village Hall, 411 Bratenahl Road, Bratenahl Ohio 44108

Name: ___________________________ Address: ___________________________

E-mail: ___________________________ Phone Number: ________________________

Donation $50 Friend $100 Supporter $250 Patron $500 Gold $1000 Lamplighter Sponsor

Other ____________________________

How Can We Earn Your Membership?

If you are not a member of BCF, how can we earn your membership for 2011? As you may realize your membership is tax deductible and 100% of your proceeds go back to our village.

Our Members

The Bratenahl Community Foundation had over 215 members for 2010. BCF wants to thank all residents who renewed their membership for 2010 and welcome those new members to the foundation. Thanks to our members we were able to continue the tradition of serving our community.

Open Door Policy

If any villager would like to attend an upcoming Bratenahl Community Foundation board meeting please let me know. Our next meetings will be held on March 8th and April 12th @ 6pm at 97 Nantucket Court.

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Finally, they find Bratenahl to be a friendly community where it has a small town feeling with the amenities of a large city.

In December, they were very impressed by attending three Bratenahl parties within a week. They moved to Bratenahl from San Diego, CA to be with their daughter Emily, who is about to give birth to their first grandchild. They discovered Bratenahl through heir frequent visits to Cleveland with their daughter and her husband who live in nearby Quay 55.

Bill and Judy met when they were students at what was then Case Institute of Technology and Western Reserve University in the late 1960s. Upon graduation, they joined the Peace Corps and were sent to Tonga in the Pacific for two years, where they trained elementary school teachers. They learned the language, lived in a grass hut, slept on the floor, adopted local customs, and worked with their neighbors.

After their Peace Corps experience, they backpacked for a year, eventually traveling overland to Europe. This adventure included a plane crash in Burma, an earthquake in Taiwan, and hitch-hiking through Japan in luxury as the Japanese went out to help foreign travelers.

After their backpacking adventure, Bill studied at the London School of Economics for a master’s degree in demography, while Judy worked at the university. While in England, they experienced many of London’s cultural treasures, including the ballet and the theater, where they saw eighty plays in one year.

After finishing his demographics studies, Bill joined the United States Agency for International Development (USAID) as a health officer, where he worked for twenty-five years. His work was in the areas of reproductive health, family planning, childhood health, malaria and HIV. His assignments included India, the Philippines, Ecuador, Bangladesh, and Jordan. The family’s favorite place was India. They loved the history, antiquities, and local culture.

They returned home to Washington after Bill’s retirement in 2001, where they lived for three years before moving to San Diego. Bill continued his work in public health by working for private companies in Moldova and the Philippines.

Bill and Judy have two daughters, who both have Ph.D. degrees. Emily works on tuberculosis research at Case Western Reserve University. Rebecca received her Ph.D. in environmental politics from Stanford University, and works for the Inter-American Development Bank.

Both Bill and Judy find Bratenahl an interesting and enjoyable place to live. They love living on the lake. To them, Bratenahl has a small town feel with the amenities of a large city. Finally, they find Bratenahl to be a friendly community where it is easy to get acquainted with neighbors. Judy's hobbies include tennis, bridge, biking, and the arts. Judith runs her own editing business. Bill and Judy would welcome more cultural and social events in the Village.

**BCF Blog**

Don Iannone, Editor
Web Address: http://www.bratcomfdn.wordpress.com/

As a part of its 2011 action plan, BCF increased its Internet presence starting this January with the launch of a new community blog, providing timely information about trends and quality of life in Bratenahl and Greater Cleveland.

A blog is an interactive website allowing readers to read informative articles online and post comments on blog articles. Blogs are popular because they are updated with new information on a frequent basis, usually 3 to 5 times per week.

Forty-five articles were published to the blog during the past two months. The blog averaged 22 visitors per day in January, and it is averaging 48 visitors per day so far in February. This is good progress. With everyone’s help in publicizing the blog, readership will continue to grow. So tell your family, friends and neighbors about Bratenahl’s new blog!

Articles in three subject categories have been most popular so far: 1) demographic and real estate trends in Bratenahl and Greater Cleveland; 2) community quality of life and planning; and 3) community sustainability and wind energy.

**LAMPLIGHTERS OF THE FOUNDATION**

**GOLD PATRONS OF THE FOUNDATION**

**PATRONS OF THE FOUNDATION**

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Gould Patrons: Kenneth & Dorothy Dodd, Dr. Joseph & Barbara D. Allen, Einar G. & Maren A.and Mary & William T. Fincher

Patrons of the Foundation: Maureen & Thomas McCloy, Sarah & Paul J. Cozza, Robert & Barbara Gold, and Edward & Carol P. Leary

Supporters of the Foundation: Joseph & Laverne Arason, Dr. John P. & Judith K. Heap, Christian K. & Elizabeth M. Boulton, and James & Cheryl A. Capparelli

Friends of the Foundation: Steven & Elizabeth J. Thrane, Carol & Thomas C. Antoniuk, and John & Gail J. O’Connor.

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These are just a few examples of the type information you will find on the new BCF Blog.

We encourage you to test drive the blog. We value your feedback. Please suggest some ideas on topics they should write about in the future.

Thank you.

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1-216-671-LIMO (5466)
Lara Bauman

Thanks to the efforts of our residents, over the last few years the Bratenahl Memorial Day Parade has been growing and evolving. Motivated by a desire to honor our veterans, active military personnel, and all service personnel, Bob Malbasa and Laura Goyanes volunteered to spearhead organization of the parade. Those of you who came out last year were treated to a lively parade and a true feeling of community spirit. Plans for this year are even more ambitious. Parade committee members include: Elaine Hopkins, Roz Ciulla, Jan Purdy and Sue Eagan, plus many more active volunteers.

The Euclid Beach Rocket Cars will again be secured for the 40 to 50 guests of honor, our veterans. The parade committee is always looking for more veterans to participate and looks to the community to help identify participants. Bob’s own son, Steve, had an extended deployment to Iraq in the early years of the war. He had an extended deployment to Iraq in the early years of the war. He continues to return annually to join our community for the parade. Student groups from around the area will participate in the parade and a true feeling of community spirit. Plans for this year will be extended to include a float in honor of our veterans. We will then be able to spend the cost of new windows through energy savings.

If you are bent on replacement windows, then the one piece of advice I can offer is to supervise the work being done. Often I have had customers who had expensive replacement windows installed and an open void left between the old and new jambs. In some cases, where the original windows had sash weights the sash cords were simply cut and weights left in the sash box (weights pocket). With this area not insulated, and curtains in place you can literally watch your money blowing out the window on a windy winter’s day.

There is a tip sheet about this on the National Trust for Preservation website. Go to the home page: http://www.preservationnation.org/ then hover on Issues and click on weatherization. Go down to Using Our Guide, click on WINDOWS. Go down to Links and Resources and click on Historic Wood Windows Tip Sheet (PDF).

Lara Goyanes: 216—235-2463; Lgoyanes@yahoo.com
Bob Malbasa: 216-788-4776; RMalbasa@gmail.com
Watch for more information in the next Lamplighter.

Plumb Snug

M. R. Orel

Repair your wood windows don’t replace.

I used to believe that the cost of cleaning (removing unwanted paint), oiling, repairing and re-rope a double hung wood window, would be better spent toward a new replacement window. Understand that I actually enjoy this type of work; in fact I can still get the metal interlocking weather-stripping. So, I was excited when I found that The National Trust for Historic Preservation (NTHP) did some research on the cost effectiveness of repair vs. replacement.

The NTHP believes that the epidemic of replacing windows in historic buildings destroys the building’s character and is a potential net loss in energy conservation. Repairing wood windows usually is a greener, more sustainable practice than replacing the windows. Most older buildings lose more heat through the roof or poorly insulated walls than through their windows, and a properly maintained older wood window with a storm window can be as energy efficient as a new window. Studies have shown that it can take 100 to 240 years to recover the cost of new windows through energy savings.

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Pro Health and Anti-Aging

Greg Cunningham

I thought I would give everybody a break from me and instead interview Dr. John Kocka, the Medical Director of Premier Age Management & Preventive Medicine. He is Board certified in Family Practice, and certified by the American Academy of Anti-Aging. In other words, he knows what he is talking about.

So, how do you define anti-aging medicine?

Certified physicians use the term Age Management, which is defined as preventive medicine, focused on regaining and maintaining optimal health and vigor with aging. Age management medicine is based on the concept that sufficient medical evidence reveals we can improve quality of life by delaying the onset of signs and symptoms associated with aging.

How does anti-aging medicine differ from fields like gerontology?

Although some of the medical issues and conditions may be similar, the difference is in the focus and timing. Patients usually see a gerontologist after experiencing age related medical diseases, ie. Alzheimer’s dementia, advanced diabetes or cardiovascular disease, degenerative joints and immobility issues, or to help balance the laundry list of medications they have been prescribed. Age management physicians hope to reach people before the onset of disease and focus on disease prevention, symptom reduction and promoting an active lifestyle with optimal quality of life. Baby boomers do not want to accept the aging they saw with their parents and grandparents. They want to continue to work and be productive into their later years, travel, share their wisdom and life experiences with a sound mind, continue a healthy sex life, and enjoy sports, weight training and other physical activities. Historically, the medical community has not focused on quality of life issues for older people. A doctor may say “Well Mike, you’re in your 50s now so you just need to slow down”. That’s not an acceptable answer for us. We believe in healthy and active aging by choice, being proactive to prevent disease.

What would you say are the top three things people can do to improve their overall health?

1. Exercise regularly. Make it part of your daily routine. You have to sleep every day and you should feel the same about exercise, even if it’s not in the gym every day.

2. Healthy eating habits. Americans eat too many calories and processed foods. The research about the benefits of a Mediterranean style diet is overwhelming. We should be eating more fruits & vegetables, fish, nuts, beans, and organic whole foods, fish & chicken instead of fatty red meat, limit high-fat dairy products, and eliminate trans-fats. The most pressing concern is the excessive amount of processed sugars, which is causing a diabetes epidemic. Instead of simple sugars eat complex carbohydrates with fiber.

3. Be positive, optimistic, and open minded. Find good doctors and other health experts to help guide you in your desire for health and prevention.

Please explain hormone replacement therapy (HRT)? Isn’t it a natural process for hormones like testosterone to decline with age?

The goal of HRT is to replace certain hormones to optimal or relatively youthful levels, verified by laboratory monitoring. These are natural hormones your body makes, not performance enhancing drugs. For example, free testosterone naturally declines nearly 2% per year after age 35 and in some people, the deficiency is accelerated. Numerous medical studies have shown associations between low testosterone and cardiovascular disease, diabetes, metabolic syndrome, obesity, depression and overall mortality. People with testosterone levels in the upper third of the normal range have less risk of disease compared to the bottom third. They also have significantly better scores on subjective markers of health, including energy, physical & mental performance, sexual desire & pleasure, physical recovery, ability to improve body composition and overall motivation and zest for life. Women’s hormone replacement is a more complex issue but recent studies have updated the interpretations from the women’s health study conducted 10 years ago. We must have a discussion about hormone therapy with women at the time of menopause because women that start replacement within a few years of menopause have much better outcomes.

Any closing advice?

We have choices in life. We can accept the predictable general decline that comes with age or make a choice to fight to be the best we can be and pursue a highly active, rewarding quality of life. Be positive, keep learning and have passion. Think of life’s challenges as opportunities to improve and learn. If you are feeling negative changes and symptoms, seek a good preventive/age management doctor who will screen you for medical issues, hormone deficiencies, risk markers and be open minded with an integrative approach to your symptoms and wellness.

Thanks for your time, Doc! Dr. Kocka can best be contacted via his website at premieragemanagement.com

Greg Cunningham is a personal fitness trainer who works with several Bratenahl residents.
Placing a bench under the tree and looking up to hundreds to full bloom. It has clusters of snow white bell-shaped flowers. The long, hot summer of 2010 is over, but should not be forgot—

Winifred Makinen
Gardening Buzz

Give yourself a drink of water when you give the plants a drink. hat, light-colored clothing, sun glasses and use sun screen.

Don't forget to care of yourself as you are gardening. Wear a mountain, euphorbia marginata, in places where they will

A trip to the mountains is not necessary this summer – instead let the mountains come to you. Sow the seeds of snow-on-the-mountain, euphorbia marginata, in places where they will remain, as they do not transplant well. The oval leaves are light green with white stripe and white edges. Combined with red celosia and blue bachelor’s buttons, it makes a cool, crisp Fourth of July display.

The “dog days” of summer heat can be tempered by drifts of “snow in summer,” ceratostigma willmottianum. This low-growing (6-8 inches), spreading perennial has frosty gray foliage in tufts and masses of snow-white flowers that flutter in the breeze. With good drainage and some feeding, it will bloom profusely until frost. Best of all, it will come back next year, just in time to cool things down. It is easy to start from seed and a great “cover crop” for early bulbs and wildflowers.

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The “dog days” of summer heat can be cooled down by Snow Queen and Snowflake Oak-leaf hydrangeas. Crisp, snowy white flowers in large clusters slowly turn pink and purple as summer ends while the leaves turn bronze and crimson.

Don’t forget to care of yourself as you are gardening. Wear a hat, light-colored clothing, sun glasses and use sun screen. Give yourself a drink of water when you give the plants a drink.

ASIA CLOSE TO HOME
Jeannie Emser Schultz

Have a yen (excuse the pun) to celebrate the “Year of the Rabbit” with authentic Asian cuisine? Ten minutes to downtown lands you at my favorite five Asian eateries: Bo Loong (3922 St. Clair Ave.) for a parade of lunch/bunch dim sum; Thai and Vietnamese fare at Siam Café (3951 St. Clair across from Bo Loong) for sweet spiced Thai iced tea, pad thai and shrimp with pineapple; R1 Pho (3120 Superior Ave.) for traditional Vietnamese Pho (soup); Ginza (1105 Carnegie across from the Hilton) for sushi, sashimi, tempura and all dishes Japanese; and, of course, Li Wah (Payne Ave. & 38th St.) which hosts the annual Bratenahl Chinese New Year dinner and a menu too comprehensive to list.

All of these restaurants are easy on the wallet and great for take-out or dine-in meals. But…if you love to cook Asian dishes, take note of two exceptional shops for traditional Asian ingredients and discover mystery foods unlike anything you’ll find in western cuisine: Tink Hall grocer in Man Kam Plaza at E. 36th and Payne Ave., and the new upscale Asian Town Center on 38th St. at Superior Ave.

Opened this past summer, the 115,000 sq. ft. Asian Town Center houses an art gallery, jewelry, beauty supply and Chinese herbal stores, but its most popular draw is the Asian Food Co., boasting of “snow drops” is the perfect way to enjoy the first hot day of 2011.

Another late spring bloomer is the “snow ball bush,” viburnum macrophyllum. What’s not to love about a bush that has softball size green “balls” consisting of clusters of tiny green flowers? These balls turn snow white with age and last for a long time. Placed at the north or east side of a covered porch, the viburnum draws admirers, rain or shine, regardless of the temperature.

Placed at the north or east side of a covered porch, the viburnum draws admirers, rain or shine, regardless of the temperature. Sometimes the specimen has both a “cool” name and provides shade. As late spring melts in to summer, imagine a “snow drop” tree, halesia carolina, or Carolina silverbell, coming in to full bloom. It has clusters of snow white bell-shaped flowers. Placing a bench under the tree and looking up to hundreds to full bloom. It has clusters of snow white bell-shaped flowers. Placing a bench under the tree and looking up to hundreds to full bloom. It has clusters of snow white bell-shaped flowers.

Placing a bench under the tree and looking up to hundreds to full bloom. It has clusters of snow white bell-shaped flowers.
**Bratenahl Blooms**

Saturday, May 21st: 10am - 6:00pm  
Sunday, May 22nd: 12noon - 5:00pm  

(Pre-order pick-up only Friday, May 20th 5-7pm)  
at the Bratenahl Community Center, 10300 Brighton Road  

(This will be our ONLY order form for this year's sale)

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<th>Name</th>
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<th>10” Hanging Baskets</th>
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Ivy Geranium (pink)  
Zonal Geraniums (red)  
Zonal Geraniums (raspberry)  
Fuscia – mixed (prefers shade)  

Total # of Hanging Baskets  
Total $  

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Impatiens:  
Mixed  
Petunias - mixed colors  
Zinnias – tall multicolor – State Fair variety  
Begonias – mixed colors  
Snapdragons – mixed colors - short variety  
Lobelia – purple flowers  

Total # of Flats  
Total $  

Spike plants  
Vinca Vine – (yellow and dark green variegated)  

($3.50 per 4” pot) / Total # of Pots  

Geraniums ($3.50 per 4” pot)  
White  
Salmon  
Red  
Raspberry  

Total # of Pots  
Total $  

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Monday - Wednesday, 5:00 - 9:00pm  
Thursday - Saturday, 5:00 - 10:00pm  
Saturday open for dinner only.  

**Closed Sunday**

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**PRE-ORDER FORM 2011**
Elaine Murphy, Bratenahl Blooms Treasurer, 114 Sunnycliff Dr., Euclid, OH 44123.

The Bratenahl Community Foundation made payable to

May 2, 2011

(checks only please, TOTAL ENCLOSED FOR ALL ORDERS $________)

The King's Speech
Andrew Kaiser

As a young man in grade school, I participated in sports and theater. Before a sporting event or a live performance I would naturally get butterflies in my stomach, but never as much as before I was to present my speech at our annual oratory contest. The King's Speech, the wonderful and acclaimed film out of England, is essentially about this fear of public speaking that most of us hold. But the protagonist is the King of England who suffers from a debilitating stammer and his audience is the entire British Empire.

The film opens with Albert (Colin Firth) addressing a crowd at the behest of his father, the King. As he stutters and stammers his way through, eventually giving up, his loving wife, Elizabeth (Helena Bonham Carter) looks on with sorrow. Wanting to help him and sick of quack doctors, she sees an ad for a speech therapist and decides to seek him out. Travelling by herself to the basement of a commoner's flat, she finds the wonderfully named Lionel Logue (Geoffrey Rush) whom she hires to treat her husband with his unconventional manner.

The bond formed by the two men, though strained at first, provides the heart of the movie and some of its best and most touching scenes.

Of all the film's strengths, foremost is the acting. Colin Firth is astonishing in what seems to be an impossible role, and pulls it off naturally. Helena Bonham Carter, often known for her crude characters, superbly plays the understated role of Queen Mother. Geoffrey Rush is perfect as the unorthodox Lionel, who approaches Albert as an equal and finds himself sympathizing with him and befriending him. Michael Gambon and Guy Pearce are fine as well in bit parts, as Albert's father, George V, and his older brother, King Edward, who abdicated the throne.

The direction by Tom Hooper is highly original and the cinematography wonderfully captures what are mostly interiors (although there is a magnificently filmed scene where Firth and Rush stroll through the park). The use of close-up is effective as well, particularly in the scene where Albert discusses the pains of growing up with a stammer.

The title speech at the end of the film is wonderful as well. The King's Speech is that rare kind of film where you find yourself savoring every sort of positive adjective. After I was leaving the theater, I had to force myself to stop. Of course, the real speech is a bit longer, and the actors put more effort into it, but the actors are so good and the timing is so perfect that it is impossible not to marvel at the performance.

True Grit
Tim A. Schultz

Hollywood makes very few Westerns these days, and even fewer good ones. Consequently, True Grit, based on the Charles Portis novel, was like a breath of fresh air—excuse me, I meant dry and dusty desert air!

Directed and written for the screen by Joel and Ethan Coen, True Grit 2010 is already being regarded as a classic. While I cannot remember seeing the 1969 film for which John Wayne won his Oscar, the Coen Brother's adaptation is not only brilliant, but critics say that it is much truer to the novel and how Portis perceived life and times in the old west, a perception that most historians agree is pretty accurate.

Jeff Bridges plays the trigger-happy and drunken U.S. Marshall Rooster Cogburn as if Bridges had been waiting for this role his entire life. In fact, if it were not for his Oscar win last year (the Academy seldom awards its top honor to the same actor two years in a row), and Colin Firth's brilliant performance in The King's Speech, Bridges would be a shoe-in. On the other hand, if Halle Steinfeld does not win best supporting actress for her portrayal of Mattie Ross, the little cowgirl determined to avenge her father's cold-blooded murder, there is something very wrong in Hollywood. The Coen Brothers auditioned several thousand little girls before they agreed on Steinfeld. They got it right. Halle's first-time screen performance and spot-on delivery of some of the best dialogue in film is sure to launch her on a very long and successful career.

Mattie Ross is also the central focus of the story. No ordinary fourteen-year-old, this cowgirl has as much true grit as any character in the film. After employing Cogburn to track down and make the cowardly villain Tom Chaney, played by Josh Brolin, pay for the murder of her father, Mattie refuses to wait and go on another murder charge. Now a threesome, they form a tentative alliance, and the hunt for Chaney is on. Along the way, the trio encounters the type of seedy characters you might expect in an untamed and wild west. They also get involved in enough western gunplay and shoot-outs to please even the most discerning fan of this film genre.

By the time you read my review, Oscar will be history, so you can hold me accountable if I am wrong. By then, True Grit will likely be gone from your local theater as well, which means that it will be coming soon to DVD and Blue Ray. If you haven't seen it yet, make sure you do! True Grit was certainly one of the best films of the year.

Running Time: 112 minutes.
Rating: Rated PG-13 for some intense sequences of western violence and some disturbing images.

MorganStanley
SmithBarney

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Published by the Bratenahl Community Foundation

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Serving lunch, dinner, cocktails and jazz to Bratenahlians since 1965.

Sunday nights are “Brendan’s Neighbor Nights.” Show your server a driver’s license or other government-issued I.D. with a Bratenahl address and 15% comes off the food portion of your check.*

Brendan Ring, Proprietor

12387 Cedar Road ◊ Top of the Hill ◊ Cleveland Heights
216/795-0550
Before you leave the theater or home, call us on your cell phone and we’ll hold a table for you.

www.nighttowncleveland.com

* This discount applies only to the food portion of the dining check. It cannot be used for music, entertainment, alcohol, any raw food-related charges, tax or gratuity. This discount can only be used by a resident of Bratenahl with a government issued I.D. showing a Bratenahl address. (e.g. a Bratenahl couple entertaining a non-Bratenahl couple will receive the discount only on the portion of the check attributable to the Bratenahl couple). The discount may not be used with any other discounts or promotions. This discount may not be applied to private parties.

THE FRIENDS OF THE BRATENAHLE POLICE DEPARTMENT INVITE YOU TO

SALUTE

A BENEFIT FOR THE BRATENAHLE POLICE DEPARTMENT IN ITS CONTINUING QUEST FOR EXCELLENCE

SUNDAY, JUNE 12, 2011 ◊ SHOREBY CLUB
5:00 p.m. Beer and Wine, Silent Auction ◊ 6:30 Dinner, Southern Barbeque ◊ Dixie Land Band

The proceeds from this event will help the department purchase additional equipment needed to perform duties more safely and efficiently without affecting the village budget. The basic priority needs are: new radio equipment for the station, vehicles and personnel, additional body armor, digital audio/video recorders for six police vehicles, and a computer automated data / records management system.

Each resident will receive an invitation in the mail and we hope that everyone will consider attending this benefit.

Your support is greatly appreciated and will enable The Friends of the Bratenahl Police Department achieve their goal of providing some of the equipment requested. On behalf of the Friends of the Bratenahl Police Department, we thank you.

Cindy Trotter, Chairperson
For more information please contact Cindy at 216-702-6810, or e-mail her at ljt3@aol.com

SALUTE SILENT AUCTION COMMITMENT FORM

The Friends of the Bratenahl Police Department are presenting Salute, a benefit for the Bratenahl Police Department.

An integral part of the evening’s festivities will be the silent auction. I hope that you will consider this opportunity to support the Bratenahl Police Department by making a donation to the silent auction. The goal is to have 30 items to offer the guests for their bidding pleasure. The following are several categories that are always successful:

<table>
<thead>
<tr>
<th>Travel</th>
<th>Art</th>
<th>Glamour Items</th>
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<td>Vacation Homes</td>
<td>Dinner/Wines</td>
<td>Beauty/Services/Packages</td>
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<td>Services</td>
<td>Entertainment/Theater/Sports</td>
<td>Home Furnishings</td>
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Donor Name
As you wish it to appear in the program

Check here if donation is anonymous  Check here if winner notification is required

Address  Telephone  Email

Name of Contact Person  Title

ITEM DONATED: Please give a complete description for use in auction program. Include descriptive materials with this form when available.

The fair market value is $  Are there any legal or time restrictions?  Yes  No

If yes, please describe

You may deliver the item to Cindy Trotter at 20 West Mather Lane after May 15, 2011. Or you may contact Cindy at 216-702-6810, or email her at ljt3@aol.com to make arrangements for a committee member to pick up your donation.

Please sign and return this form to: Cindy Trotter, 20 West Mather Lane, Bratenahl, OH 44108

Donor Signature

You will receive acknowledgement of your gift at the benefit and a tax letter for your records.
Thank you! All proceeds from your donation benefit the Bratenahl Police Department.

This issue sponsored by an Anonymous Foundation
Saturday, April 23rd
Breakfast with the Easter Bunny and Egg Hunt
Noon at the Community Center. Kids should bring baskets. Prizes for golden eggs. Free to residents and their extended families.

State of the Village 2011
John M. Licastri, Mayor
Dear Bratenahl Residents,

I am pleased to submit to you the 2011 State of the Village of Bratenahl Report, an annual requirement under the Ohio Revised Code.

People make all the difference in the world through their attitudes and actions. I am proud to serve with a team of professionals who continue to add value to life in Bratenahl on a daily basis. The Police Department, under Chief Rich Dolbow, is better than it has ever been. The Service Department, under Director Joe Zaler, does the work of a department twice its size. The staff at Village Hall, including Julie Kreiner, Clerk of Courts, Merelie Ehriinger, Assistant Clerk, Tom Jamison, Building Commissioner and Mary Rainey, Building Department Secretary, is the finest I have ever seen. We are sorry to lose Jim Gallagher, the former Village Clerk, who has resigned to pursue full time employment. He is replaced by newly appointed Village Clerk Lee Blazy, former Chair of the Audit Committee.

We look forward to working with Mr. Blazy. Village finances are promising, given the approval of the slightly property tax increase passed by our voters last November. This increase, coupled with continued frugal management and good fortune in our revenue stream, is allowing us to weather the economic storm. We are still deficit spending, but our carryover has given us leeway to do so without another immediate increase in our annual budget. The Village's fiscal condition is the finest I have ever seen and we hope we will not be too severe. We are following this situation very closely.

Our current economic and financial situations challenge us to think in new and improved ways about government on all levels. I would like to share a few of my ideas on this subject related to Bratenahl Village Government.

Some people believe that government should be run like a business. There is value in this view, but there is more to public service than just operating in a business-like fashion. Bratenahl, as a governmental entity, is indeed incorporated, which occurred in January 1905. Efficiencies, procedures, accountability, and financial statements are essential ingredients to operating a profitable business, and an effective local government. Businesses and governments must have clear and meaningful goals and objectives, as well as performance measures that are tracked and measured. Goals and objectives must be measurable, and the process of setting goals needs to be ongoing. Good government is, however, not about financial profits. It’s been that way since 1905. It’s that way in 2011.

Bratenahl has learned that not only the way it should work, but also that it learned it the way it works best. We hope to see you at our meetings. I close, as always, with the refrain from Bratenahl’s School Song:

...she is the best, the very best, all Hail to Bratenahl!

Bratenahl’s RECYCLING PROGRAM IS AGAIN A WINNER BECAUSE OF YOU!

Mary Beckenberg, Chairperson

The 2010 RESULTS ARE IN!

Allied Waste Services’ 2008 recycling report listed our recycling tonnage at 37.4 tons. In 2009, at the completion of our first year with our new dual container system, our recycling tonnage was 90.2 total tons, and in 2010 the recycling tonnage is…....

132.67 TOTAL TONS, a 47.1% INCREASE FOR THE YEAR!!

CONGRATULATIONS TO YOU FOR YOUR COMMITMENT TO THIS PROGRAM AND YOUR COMMITMENT TO THE ENVIRONMENT!
The net carryover from 2010 to 2011 for the Village as a result of department did a superb job patrolling the Village and enforcing. As a result of their efforts, overall expenses for 2010 were $225,000. The staff worked very hard to manage expenses for 2010 and it paid off.

Bush tax cuts were incorrectly predicted to expire. We recognized while we would be OK for 2010 we could not continue to rely on prior year carryovers to make our budgets work. In an effort to avoid another potential budget shortfall in 2011, the Finance Committee began to research our options going forward: cut Village services to reduce expenses or raise taxes to increase revenues.

And then an interesting thing happened. In early 2010 income tax receipts came in well above expectations. As the year went on income tax receipts slowed somewhat, but we ended the year having collected $50,000 more in income tax than was budgeted. No one has a good answer as to why the Village experienced an increase in tax receipts. Some have speculated that individual bonuses were pushed into 2010 to avoid tax increases as the Bush tax cuts were incorrectly predicted to expire.

In addition, Chief Oelbow, Mr. Zalar, the Mayor and the rest of the staff worked very hard to manage expenses for 2010 and it paid off. As a result of their efforts, overall expenses for 2010 were $225,000 less than the amount budgeted. At the same time the police department did a superb job patrolling the Village and enforcing our laws which resulted in increased revenue from Mayor’s court. We also received over $50,000 in inheritance tax during 2010. The net carryover from 2010 to 2011 for the Village as a result of all of this activity was $532,000. This surplus will allow us to address a number of outstanding issues in the Village which we have been financially unable to tackle over the last few years.

For one, The Audit Committee, headed up by Lee Blazey, recommended that we establish a capital fund to take care of the Village’s buildings, vehicles and other assets, in order that they get the proper maintenance necessary to extend their years of service in the Village. We also did not budget a normal amount of expenses for property and tree maintenance and we need sufficient money there to insure the Village maintains its beauty. We also were in a position to grant our employees a raise after having foregone those in previous years. I know all of the citizens of the Village appreciate the excellent work they perform and it is proper to reward that hard work.

Whatever the ultimate cause for the Village’s increase in tax receipts for 2010, I feel it would be prudent to assume our income tax receipts would be that high again in 2011. Rather than use revenue from 2010 as a basis for the 2011 budget, the Finance Committee employed a ten year average of Village revenues for budget calculations. We have included in the 2010 budget principal repayments on the Eddy Road and Green Space loans to continue retiring that debt in an orderly manner. It looks like we will have a carryover going into 2012 but given our 2010 experience we cannot assume the year will play out exactly as we have budgeted. As I stated earlier we did not use our actual 2010 revenue and expenses for the 2011 budget, but rather used historic averages to estimate revenue and expenses. Using those figures our budget for 2011 is $3,204,049.68 in revenue and $3,035,218.57 in expenses. Once again a balanced budget, but only because we have money left from 2010, a very good year.

Having a budgeted surplus allows us to do a number of things: most importantly take time to make decisions. Do we need to put the income tax that failed in 2010 back on the ballot? Not right away and if the revenue and expenses repeat their 2010 performance, not for a while. Can we continue to pay down debt, build a capital fund and a rainy day fund? Having budgeted for those things in 2011 we ate through a good portion of the carryover and would have a very difficult time making those same investments in 2012. But we do have time to see how we are performing as the year progresses and make decisions about what direction to take as the facts present themselves.

A new wrinkle has been added to the fabric of the Village’s finances thanks to the Northeast Ohio Sewer District Storm Water Project. The initial work on that project will begin in the spring of 2011 and will continue for the next four to five years. The work will be done in Bratenahl and those employees will pay taxes to the Village of Bratenahl. We estimate that those taxes may equal upwards of $100,000 per year. That is another variable we must watch closely and take into our decision making process.

There is a lot of information in this message and not all of it is easily digestible. If you have questions or need help, contact me or the other members of the Finance Committee: Bill Bolton or George Matyeo, or our new Clerk Lee Blazey.

Community Affairs Committee Report
Mary Beckenbach

Rain Barrels
The Village of Bratenahl has a concentration of architect-designed, early 20th-century houses in a variety of historic revival styles. Each house in the city contributes, in some way, to the overall character of the village and each homeowner plays a significant role in maintaining the city’s heritage.

The Community Affairs Committee encourages all homeowners to consider the addition/installation of rain barrels as a part of the architectural character of your home. A 1600 foot soil roof is able to harvest 21 inches of rain per year, which equates to about 20,285 gallons of water.

We have determined that a building permit is feasible because rain barrel additions involve downspouts, sewer connections, lot lines, proximity distance between houses, color coordination and size.

Some thoughts for consideration were discussed: location of rain barrels in the front of a home, visibility of rain barrels by neighbor- ing houses, unity of design, distance from neighbor’s property, camouflage rain barrels with landscaping. Rain gardens were also included in the discussion and will be considered in future discussions.

Since the ARB reviews outside structures and architectural features such as roof lines, windows, landscaping, etc., types of rain barrels and their location should be recommended to be a part of the ARB’s jurisdiction with guidelines offered in the zoning code.

The first part of the process of adding the rain barrel proposals to the zoning code took effect when the mayor recommended that the rain barrel proposal be added to the January Planning Commission agenda. The Planning Commission agreed that the concept had merit and made a motion to refer it to the Community Affairs Committee for more specific detail.

Trauma Centers:
A question was asked about the status of the Huron Road Hospital Trauma Center. The Cleveland Clinic is moving its Level II trauma center from Huron Hospital in East Cleveland to Hillcrest Hospital in Mayfield Heights. Local worries are understandable, but little is likely to change for the people of eastern Cleveland and its near suburbs.

The Northern Ohio Trauma System, which includes MetroHealth, the Clinic and other providers of trauma care, is working to regionalize the task of getting badly injured people to the right kind of help as quickly as possible. Eliminating duplication and distributing medical expertise intelligently are the hallmarks of their developing plan.

People in imminent danger of dying from traumatic injuries go to MetroHealth now, and they will go there in the future. Treating them exactly is what Level I trauma centers are for. Level I trauma centers have trauma surgeons available, including those trained in such specialties as Neurosurgery and Orthopedic surgery as well as highly sophisticated medical diagnostic equipment. Level II and III trauma centers may only be able to provide initial care and stabilization of a traumatic injury and arrange for transfer of the victim to a higher level of trauma care. People who work in the emergency department at Huron now will still be working there after the recent catastrophic trauma staff moves move to Hillcrest.

Level I
A Level I trauma center provides the highest level of surgical care to trauma patients. Being treated at a Level I trauma center increases a severely injured patient’s chance of survival by an estimated 20 to 25 percent. It has a full range of specialists and equipment available 24 hours a day and admits a minimum required annual volume of severely injured patients. A Level I trauma center is required to have a certain number of surgeons, emergency physicians and anesthesiologists on duty 24 hours a day at the hospital, an education program, preventive and outreach programs. Key elements include 24-hour in-house coverage by general surgeons and prompt availability of care in varying specialties—such as orthopedic surgery, neurosurgery, plastic surgery (plastic surgeons often take calls for hand and facial injuries, fixing both the bone and soft tissue of these specialized regions), anesthesiology, emergency medicine, radiology, internal medicine, oral and maxillofacial surgery, and critical care—which are needed to adequately respond and care for various forms of trauma that a patient may suffer. Additionally, a Level I center has a program of research, is a leader in trauma education and injury prevention, and is a referral resource for communities in nearby regions.

Level II
A Level II trauma center works in collaboration with a Level I center. It provides comprehensive trauma care and usually supplements the clinical expertise of a Level I institution. It provides 24-hour availability of essential specialists, personnel, and equipment. Wikipedia.org.

Greater Cleveland has the following trauma centers:
Fairview Hospital: Level II Trauma Center
Hillcrest Hospital: Level II Trauma Center
Metro Health Medical Center: Level I Trauma Center and Level I Pediatric Trauma Center
Rainbow Babies and Children’s Hospital: Level I Pediatric Trauma Center
Saint John West Shore Hospital, Level III Trauma Center
Southwest General Health Center: Level III Trauma Center

This issue sponsored by an Anonymous Foundation
Building Department - Building Permits

As the snow melts and the anticipation of warmer weather nears, you may be contemplating repairs, updates or renovations to your home. Building permits are very beneficial to you and the community. By working with expert code officials, you will benefit from their knowledge of building codes to ensure your construction or repair project is built right, is safe and will last.

A building permit gives you legal permission to start construction of a building project in accordance with approved drawings (if applicable) and specifications. You will be asked some basic questions that will provide us with the “Who, What, Where, When and How” of the job.

You will be informed of, or provided with, the resources and information needed for compliance with the applicable building codes. Discuss your plans with a code official before beginning construction to determine if a permit is required. Even if a permit is not needed, an inspector will answer construction questions and may provide valuable advice.

After review and approval of your submission, a permit is issued. If a permit request is denied for any reason, suggestions will be made or solutions given to move toward compliance.

On-site inspections are required to make certain the work conforms to building and zoning codes and to approved plans. You will be informed in advance of the inspections required for your specific job. Someone will always be available to you should you have any questions or concerns as your project proceeds.

Your permit also allows the code official to protect the public by reducing potential hazards of unsafe construction and ensure public health, safety and welfare. By following code guidelines, the completed project will meet minimum standards of safety and will be less likely to cause injury to you, your family, friends and future owners.

Contractors hired for your project or are held to the same standards. Prior to applying for a permit, contractors are required to register with the Building Department. This means they give complete contact information, required for registration with the applicable building codes. Discuss your plans with a code official before beginning construction to determine if a permit is required. Even if a permit is not needed, an inspector will answer construction questions and may provide valuable advice.

The Lamplighter offers two special rates:

1.) Advertising for non-profit organizations entitles the advertiser to 50% off normal advertising rates shown above.

2.) Advertisers that commit to advertising in six issues of the Lamplighter, receive their sixth ad FREE of charge.

For questions regarding Non-profit pricing or advertisers interested in advertising for six issues for the price of five, contact Nancy Goble at 216.681-0026 email: nmgoble@gmail.com

The next issue will be in May 2011 with a deadline of April 13th. It will be published in 2011 in January, March, May, July, September and November with deadlines of the 13th of the month prior to publication.

Design Services:

Existing ads sent via email as digital PDF, jpeg, tiff files are simply placed into the publication at the size purchased.

Designing an ad based on text, logo, images provided is available at an additional cost. The cost is based on $55 per hour, or an agreed upon price between the advertiser and designer.

For information on designing an ad contact Jim Murphy at Murphy & Co. Graphic Communications. Phone: 216.226.5331.
The Mission of the Bratenahl Lamplighter is to publish an informative and reliable community newspaper to inform Villagers of community events, examine issues, encourage participation in community affairs and promote positive achievements.

Anonymous submissions cannot be considered. Writers are very welcome. Please send notices of births, deaths, marriages, meetings, social events, achievements and letters to the editor at the address above. Articles will be limited to 400 words and will be subject to editing according to stylistic conformity and space limitations.

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Donald Iannone • Jeanne Lyons • Janet Lauder • Jeanie Lyons • Winfred Makson • Jeanne Emser-Schultz

March 2011 Village Affairs

Mary Beckenbach • Thomas Jameson • John Licastro • Tom McDonald

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About the Lamplighter...

The next issue will be in May 2011 with April 23, 2010 as the deadline for articles and advertising.

Community Information

We need your contributions of community information and opinions on Village issues. Please send notices of births, deaths, marriages, meetings, social events, achievements and letters to the editor at the address above. Articles will be limited to 400 words and will be subject to editing according to stylistic conformity and space limitations. Anonymous submissions cannot be considered. Writers are very welcome.

ABOUT THE LAMPLIGHTER...

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March 2011 Contributors

March 2011 Village Affairs

Mary Beckenbach • Thomas Jameson • John Licastro • Tom McDonald

Community Affairs Committee Meeting Fourth Monday, 5:30 pm

Public Safety Committee Meeting Second Tuesday, 5:30 pm

Legislative Committee Meeting First Monday, 5:30 pm

Finance Committee Meeting Fourth Wednesday, 5:30 pm

Planning Commission

Fourth Wednesday, 5:30 pm

Community Affairs Committee Meeting Fourth Monday, 5:30 pm

PUBLIC SAFETY COMMITTEE MEETING

Third Tuesday, 5:30 pm

ARCHITECTURAL REVIEW COMMITTEE

Third Wednesday, 5:30 pm

VILLAGE COUNCIL MEETING

Second Monday, 5:30 pm

FINANCE COMMITTEE MEETING

Fourth Wednesday, 5:30 pm

PLANNING COMMISSION

Fourth Wednesday, 5:30 pm

COMMUNITY AFFAIRS COMMITTEE MEETING

Fourth Monday, 5:30 pm

March 2011 Contributors

March 2011 Village Affairs

Mary Beckenbach • Thomas Jameson • John Licastro • Tom McDonald

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Cover photo: Don Iannone

FOR YOUR INFORMATION

MEETINGS AT VILLAGE HALL 411 BRATENAHL ROAD Recreation First Wednesday, 5:30 pm

Bratenahl Community Foundation Call for dates, time and locations (216-288-4508)

Visit the Village website for other information and updates www.bratenahl.org

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LAMPLIGHTER

c/o Bratenahl Community Foundation
Village Hall
411 Bratenahl Road
Bratenahl, Ohio 44108

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